

# SUMMER CAMP Parent Information

## Travel Information

Monday, June 4 -- Meet 6:00AM at the FMC Parking Lot  
Friday, June 8 – Arrive LHBC Parking Lot at approx. 8:00PM (not stopping for dinner)  
Traveling in the MCI bus and the new 2018 van.

## Accommodations

Lighthouse Christian Retreat Center, Romar Beach Baptist Church, Orange Beach, AL  
[www.beachretreatcenter.org](http://www.beachretreatcenter.org) (251) 981-8959

**Luggage** - Please limit luggage to ONE suitcase/bag and a backpack.

**Meals** - Students will need to bring \$20 for TWO travel meals; Lunch on the way to camp and lunch on the way home (\$10 each fast food). All other meals will be provided.

## What to Bring

- Sleeping bag or twin sheets for bunk bed and pillow
- Bath towel, washcloth & soap
- Beach Towel
- Appropriate Dress (see Dress Guidelines on back)
- Comfortable shoes and sandals
- Toiletries (toothbrush, soap, shampoo, etc.)
- \$20 Money for 2 travel meals
- Recreation Money (in case of rain \$5-\$10)
- Pen or Pencil for note taking
- REFILLABLE WATER BOTTLE
- Hard copy of Bible (you will not be allowed to use your smart phone Bible app during worship. If you don't have a hard copy, let Student Ministry staff know.)
- **Sunscreen (high SPF)**
- Bug spray
- Small compact umbrella or rain jacket
- Cell phone charger
- Sunglasses
- Waterproof phone case (if you plan on swimming with your phone LOL)

## What NOT to Bring

- Alcohol, tobacco or illegal drugs
- Fireworks or weapons
- Skateboards
- Water balloons
- Shaving cream or silly string
- Large squirt guns

## Camp Rules Policy:

- Everyone must participate in all activities unless you have been excused by an adult.
- BE ON TIME for all meetings, activities and meals!
- Respect the property of others as well as Romar Beach Baptist Church & Lighthouse Retreat Center.
- DO NOT enter the bunk areas of the opposite sex.
- NO public OR private display of affection.
- DO NOT leave the building outside of scheduled activities without getting permission from an adult leader first.
- Stay in groups of 3 or more during free time, especially when on the beach.
- Respect the beach/water boundaries set by the leadership. Failure to obey beach rules will result in very boring free time.
- Obey beach safety flag system. We take this VERY SERIOUSLY. Rip-tides are serious business. OBEY flags.
  - Green—Low Hazard—Calm conditions but exercise caution
  - Yellow—Medium Hazard—Moderate Surf and/or currents
  - Red—High Hazard—High surf and/or strong currents
  - Double Red—Water closed to public.
  - Purple—Dangerous marine life

**Cell phone/Electronics policy:** Cell phones/Electronics are permitted but NOT to be used during quiet times, small group, worship times and group games. No explicit music will be allowed. All phones, music and face time off at midnight. No loud music after 10:00pm. If this privilege is abused, your cell phone will be confiscated.

## Dress Guidelines

Campers and adults are expected to reflect a Christian example by their dress.

Here are the general guidelines for this trip but all clothing is still up to the discretion of adult leaders:

### Daytime Activities

- Modest shorts and tank tops are acceptable for daytime activities
  - Girls should not roll down the waistband on your shorts
  - No undergarments should be visible (i.e. sports bras w/comfort colors tank tops)
  - Tank top straps must be 3 fingers wide.
- Modest 1 piece bathing suits or tankini (top and bottom must meet).
- Flip flops/shoes must be worn to and from the beach.
- Bring appropriate shirt (not white) to be worn to and from beach.
- Pajamas are to be worn in bed....don't wear them in public settings (on bus or to breakfast)

### Worship

- Guys: Jeans and casual shorts may be worn to worship.
- Girls: Modest skirts/dresses or crops are acceptable in worship.
- **NO CLOTHING WORN ON THE BEACH can be worn in the Worship Center.**
- Tank tops are NOT acceptable for worship.

### Unacceptable Dress for Camp in General

- Shorts shorter than fingertip length
- Spaghetti strap or strapless tops
- Shirts that show midriff
- Tank tops that do not adequately cover undergarments
- Distasteful designs or messages on clothing
- Bikinis or one-piece resembling bikinis

### Camp News and Updates:

**By Text:** To receive camp news and important travel info, text @lhbsmcamp to 81010 to opt in. Standard text messaging rates apply.

Follow us on **Instagram** @lhbestudents for pictures and updates!