

The

HANDWASHING

Handwashing Quiz

How much do you know
about the best way to
wash your hands?

Answer these 8
questions and see how
you score!

Continue 



The HANDWASHING

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QUESTION:

1. Washing my hands should be:



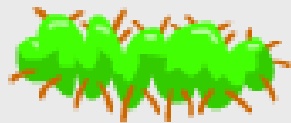
- a Mostly avoided.
- b Only done when they look dirty.
- c A habit that I do often.
- d None of the above.

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The Answer is:

c) Hands get dirty even though they don't look that way. Microscopic germs and viruses can attach to our hands and make us sick if we aren't careful to clean our hands often.



QUESTION:

Handwashing my hands should be:

a) Mostly avoided.

b) Only done when they look dirty.

c) A habit that

d) None of the above.

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QUESTION:

2. When am I supposed to wash my hands?



- a** Before I eat or handle food
- b** After I touch or play with animals.
- c** After I touch garbage, blow my nose or go to the toilet.
- d** All of the above

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The Answer is:

d) All of the above.

Many things carry germs. Pets, garbage...

We touch so many things throughout the day! Washing our hands is one of the best ways to keep from getting sick. Mom is right, wash your hands before you eat!

QUESTION:

When am I supposed to wash my hands?

Before I eat or handle food

After I touch or play with animals.

After I touch my nose or go to the toilet.

All of the above

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QUESTION:

3. When I have to cough or sneeze and I don't have a tissue I will use ...



- a** My sleeve or arm.
- b** My hand.
- c** Nothing, I will just cough or sneeze into the air.
- d** All of the above

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The Answer is:

a) Coughing or sneezing into our hand or into the air sends the germs that made us sick onto surfaces or into the air, and may make someone else sick. Don't pass your cold along. Keep your cough or sneeze to a place where others are less likely to come in contact with it.

QUESTION:

When I have to cough or sneeze and I use a tissue I will use ...

- a) My sleeve or arm.
- b) My hand.
- c) Nothing, I will cough or sneeze into the air.
- d) All of the above

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QUESTION:

4. When I wash my hands, I will wash them for ...



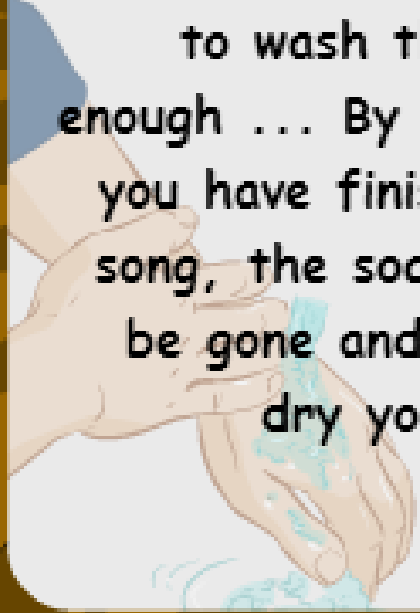
- a** 20 whole minutes, until my fingers are wrinkly.
- b** For as long as it takes to sing my ABCs.
- c** Just 1 second - just enough to get them wet.
- d** All of the above

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The Answer is:

b) Singing the ABC song or Row, row, row your boat while you wash your hands will help you to wash them long enough ... By the time you have finished the song, the soap should be gone and you can dry your hands.



QUESTION:

When I wash my hands, I will wash

20 whole minutes, until my fingers are wrinkly.

For as long as it takes to sing my ABCs.

Just 1 second is enough to get them wet.

All of the above

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QUESTION:

5. I wash my hands with:



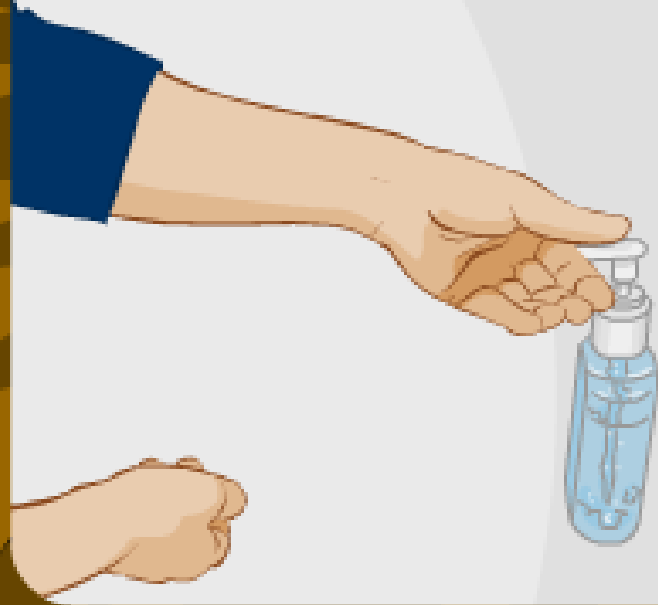
- a** Liquid soap.
- b** Bar soap.
- c** Foam soap.
- d** Any of the above.

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The Answer is:

d) Any soap will do, as long as you wash your hands properly.



QUESTION:

What should I wash my hands with:

a) Liquid soap.

b) Bar soap.

c) Foam soap.

d) Any of the above.

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QUESTION:

6. When I wash my hands I clean ...



- a** Only the tips of my fingers.
- b** Every part of my hands, nails, between my fingers, and my
- c** The front and back of my hands.
- d** Only my elbows.

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The Answer is:

b) Every part. Dirt can hide in creases and under nails. Remember to wash all the surfaces of your hands.



QUESTION:

Whenever I wash my hands I clean ...

a) Only the tips of my fingers.

b) Every part of my hands, nails, between my fingers, and my

c) The front and back of my hands.

d) Only my elbows.

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QUESTION:

7. To turn off the tap, I use ...



- a** My newly cleaned hands.
- b** The towel I used to dry my hands.
- c** My foot.
- d** Only my elbows.

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The Answer is:

b) The towel. It's no use getting your hands really clean if you touch the same faucet that your dirty hands touched ... It's best to turn off the tap with a towel, paper towel or tissue.

QUESTION:

After I turn off the tap, I use ...

a) My newly cleaned hands.

b) The towel I used to dry my hands.

c) My foot.

d) Only my elbows.

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QUESTION:

8. If I use a hand sanitizer, I will ...



- a** Use enough to wet my hands, and rub it in until my hands are
- b** Put a lot on, so my hands are dripping for a while.
- c** Just use a tiny drop, so it doesn't cover my hands.
- d** Not use any.

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The Answer is:

a) You need to cover your hands with just enough to wet them all over, and rub until your hands are dry.



QUESTION:

If I use a hand sanitizer, I will ...

- a) Use enough to wet my hands, and rub it in until my hands are dry.
- b) Put a lot on, so my hands are dripping for a while.
- c) Just use a little, if it doesn't cover my hands.
- d) Not use any.

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